◆ Introduction of Fukuroi City
Fukuroi city is located at western part of Shizuoka prefecture. The city is blessed by rich natural environment such as rice and tea fields, Otagawa River and Haranoyagawa River, and the Sea of Enshu. There exist ancient temples represented by Hattasan-Soneiji Temple. Positioned at the center of the fifty-three stages on the Tokaido (Edo-Kyoto highway in Edo-period Japan), Fukuroi Lodging prospered in Edo period. After Tomei Expressway was built in 1969, agriculture for rice, tea, and melon were prospered; and accumulation of industries proceeded, making Fukuroi the well-balanced garden city.

◆ Healthy City Projects
◇ Declaration of Number One Health & Cultural City
Fukuroi City, before the merger, declared the Number One Health & Cultural City in 1993. Commemorating 5 years of municipal organization enforcement, the city declared the Number One Health & Cultural City again in 2005.

◇ Fukuroi City Health Promotion Plan
Fukuroi City formulated Health Promotion Plan (from 2016 to 2022) as a guide for every citizens to become healthy both mentally and physically. It aims at preventing lifestyle-related disease and conditions requiring care, which will extend healthy life expectancy. To achieve this goal, each citizens is expected to be proactive to their health and the city is required to support citizens according to their life stages by improving environments.

◇ Health Mileage System
Fukuroi City introduced the system in 2007. It is a point system by which citizens can accumulate certain points according to their everyday health activities such as exercise and diet. They can use the points at public facilities for entrance fee or exchange with privately operating point system, or contribute the point to kinder garden or schools. Last year, 11,065 citizens participated overall.
◆ Activities of Civil Group
Fukuroi City appoints two Health Promotion Member (Man and female, one year of term, no remuneration) in each residents’ association in order to maximize the effect of health promotion done by local communities and city government. 
Main Activities are the plan and management of “Visiting Health Class” where instructors of exercise visit public facilities to teach simple exercise and “Health Terakoya (Small School)” where public health nurses & nutritionists check the health problem of the community and collaborate with promoter of health such as local clinic and health mate.

◆ Opening of Chutoen General Medical Center by municipal hospital integration
In order to respond to the latest medical technology and provide emergency medical services with high quality steadily, Fukuroi City integrated a hospital in neighboring Kakegawa City and opened Chutoen General Medical Center opened as a flagship hospital in the second medical area in May, 2013. Such integration of local government hospital is a pioneering approach to revitalize the community healthcare and has been attracted a great deal of attention.

◆ Establishment of Comprehensive Medical Health Center
This center was planned to provide seamless service cooperating from acute phase to medical treatment recovery in May, 2015. One-stop consultation services are located, and provides such services as health guidance for each generations, health class, and network of watching system with community and business sectors, serving as a base for the comprehensive community care system. that health care, care and welfare.

Fukuroi City’s web site:
http://www.city.fukuroi.shizuoka.jp