

 <p>Mayor Furukawa, Masanori</p>	<p>Gifu Prefecture Tajimi City</p>  <p>City symbol</p>	<p>City Data as of April 1, 2016</p> <ul style="list-style-type: none"> - Population: 112,891 person - Household: 45,435 - Area: 91.25 km² - Symbol flowers: Platycodon root azalea - Symbol tree: Hornbeam Magnolia kobus ginkgo  <p>[creative lettering of the city]</p>
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◆ **Introduction**

Tajimi city was established in 1940. From ancient time, this area was developed by producing ceramic and tile. In 2006, city amalgamated Kasahara Town and now became a Core City in Gifu Prefecture with population of 112,000. City has rich historical contents embracing Heihoji Temple founded 700 years ago, Tajimi Monastery founded 80 years ago, and four living national treasures of Mino ceramic art. With this cultural background of fostering, city aims at making citizens and town vigorous as ever by inviting business, creating educational environments, and improving the quality of community medical services.



A mascot doll of Tajimi City

◆ **Healthy City**

Tajimi City formulated “Tajimi Healthy Happy Plan” based on the Health Promotion Act with the prolongation of healthy life expectancy as a basic principle in 2001, and promoted lifestyle habits improvement with "dietary life", "exercise", and "non-smoking" as priority so that citizens will be able to proactively engage in health promotion. City declared "Healthy City Tajimi " in 2003, and joined the Alliance for Healthy City in 2005, and is working for international standard health promotion.

[Healthy Cities Tajimi Declaration]

Surrounded by rich nature and vitality of region, we wish to live healthy both physically and mentally. We, citizens of Tajimi City, will collaborate each other and promote health throughout lifetime with “self-reliance” as principle for making oneself healthy. We hope to live healthy and happy in 21 centuries and declare “Healthy Cities Tajimi” herewith.

1. We will care eating habits and engaged in lifestyle modification.
2. We will take daily exercise and put on active lifestyle.
3. We will deepen knowledge of damage caused by smoking and convey health effects to younger generation toward realizing comfortable environment.
4. We will take rest in a way that suits ourselves and head for lively life.

[Promotion of the Second Tajimi Health Happy Plan]

In 2012, Second Tajimi Health Happy Plan was announced, succeeding the First Plan. Second plan, with a principle of “city where citizens can lead healthy life happily”, emphasizes extension of healthy life expectancy and primary prevention; and targets "dietary life", "exercise", and "non-smoking" as the first priorities.

Special feature of the Second plan is collaborative process. City administration, medical associations, private companies, self-governing organizations, totaling 60 members from 35 organizations organized a committee. Members of the committee take a roll of promoting the plan by collaborating with city government, medical institutes, schools, companies, and volunteers like Health Promotion Members and Tajimi Dietary Health Mate Council in order to provide social environments for health promotion.



2nd Tajimi Healthy Happy Plan

[Tajimi City "TGK48 project" for vigorous elders]

In 2014, city started TGK48 project with members of active elderly citizens. Their average age is 68.8 years old. As an “idol group”, they perform singing and dancing in events and conveys excitement and coolness of healthy aging to various generations.



TGK48

Tajimi City's web site:
<http://www.city.tajimi.lg.jp>