

	<p>Miyagi Prefecture</p> <p>Osaki City</p>	<p>City data as of April 1, 2016</p> <ul style="list-style-type: none"> - Population: 133552 person - Household No.: 50,329 - Area: 796.76km²
<p>Mayor ito koji</p>		

●Osaki City Outline

Osaki City was established on the 31st March 2006 by merger of one municipality and 6 townships, that is, Furukawa City, Matsuyama, Sanbongi , Kashimadai , Iwadeyama , Naruko , Tajiri Towns.

It is located at northwestern part of Miyagi Prefecture surrounded by east Toda District and Tome City, west Yamagata and Akita Prefectures, south Kurokawa and Kami Districts, north Kurihara City. The land is shaped with approximately 80 km width in east-west direction and

created by affluent rivers of Ego and Naruse from Mt.Okuba. Extensive and fertile flat land” Osaki Cultivated Soil” is enriched in seasonal food materials and natural resources. Because of this fact, Osaki City combined altogether with a vicinity of 4 town as one areas is going to apply for approval of world agricultural heritage.



As Osaki City has already been known as leading rice growing as such as "Sasanishiki" and "Hitomebore", “Sasanishiki-type Sasamusubi-Rice” is newly grown. In Naruko Hot-Spring Village there is more than 1,000 years long Naruko Spa and Naruko Valley with enjoying seasonal natural pleasures. In Iwade Mountain Area there are also old Yubi-House, the Study Spot of Retainers’ Children of Iwadeyama Date Family and Garden that are designated as historical and scenic beauty sites. In eastern part Tajiri Area, there is Kabukurinuma that enrolled on Ramsar Convention Site in having preserved domestically precious natural environment where flying white-fronted goose and middendorfbiean goose of natural monument could be seen in winter.

After commemorating 10 years anniversary of establishment of Osaki City “Great Leap with Joint Works” is held as memorial event. Wood city flower city trees bird and public singing is chosen by your public you offer. Also, commemorative image prepared and special fecit adult, heres license plate introduction etc public of you and cooperative per is furthered creating a commemorative video and create, here license plate introduced a special program and so on public you and collaboration in the following are carried out preparation.

●Healthy City

Under "Osaki City Health Promotion Plan that is Osaki Healthy City Plan" the citizens are increasingly concerned with their own health promotion and maintenance. Along with it, they are expecting to support their health and medical and welfare services.

As 5 years were passed since from the Plan was made, and questionnaire survey on public health was conducted to identify current conditions of plan implementation and present condition, and based on the result of the survey, the reviews on the Plan was performed, and later part of the Plan was proclaimed. As "improvement of quality of life", is the main purpose of the Plan so that action plan and its programs on health promotion that are made by the citizens, associations and so forth, are further cooperating to work while monitoring and evaluation be going in tandem. Regarding maternal and child health care plan, interim evaluation on numerical targets as well as reviews of the plan were performed. The parent and child health from the period of pregnancy, infancy and throughout the life.

must be taken care. Concerning oral care, the necessity of oral care from infant period must be educated for the parents so that model project on fluoride mouth rinse for children that their parents be agreed with among 4 and 5-year-olds attending public nursery schools, was carried out. It is more important that individual must be aware of securing their own health care so that we are developing social infrastructure where they are able to live safely.

Health Promotion, citizens every "your health so that awareness of "to protect themselves to maintain and improve their own, health can live with peace of mind in, familiar areas and promotes social and environmental improvement. Future makes old bones all right until when, too, too, by individual and association, collaboration with government, and effort is promoted so that do, lengthening healthy life expectancy.

As extension services of health promotion, "Health & Welfare Meeting" is organizing every year. We do our best to extend right knowledge about health promotion by exhibition and presentation on their own activities. As for the activities of public nurses, we plan health promotion by sharing information about community issues among city officials. We also try to develop human resources who are leading role of health promotion in the future.

Health Promotion Workers on food and nutrition improvement working together at home as well as at the community are playing role of training volunteers who promotes health promotion through food and nutrition.

Member, lives dietary education is promoted at city and collaboration in home and local, and is training volunteer that will promote health meal practice improvement popularization, etc., through the diet in local communities as purpose up.

Osaki City's web site:

<http://www.city.osaki.miyagi.jp>