



Mayor Hongoya, Kenji

Chiba Prefecture

Matsudo city



City symbol

■Introduction

Population: 483,760 as of April 1, 2016

Area: 61.33 k m²

Matsudo city is located in Tokatsu area, northwestern part of Chiba Prefecture, and neighbors Katsushika Ward of Tokyo as well as Misato City of Saitama Prefecture with Edogawa River between them. Located approximately 20 km and 30 minutes by train from central Tokyo, city developed as a residential area. There are historic spots and temples such as residence of the last Mito feudal lord, Akitake Tokugawa, which is specified as important cultural assets. It is also the origin of Twentieth Centuries Pear, representative species of pear, and pear tree farm exists throughout the central eastern part and southern part of city. Also, the city is known as stage of novel "Grave of Wild Chrysanthemum". Thus, city is rich in historical, cultural, and agricultural context.



■Healthy City

Matsudo City proclaimed Matsudo City Master Plan and Health Matsudo 21 III In 2014 based on the Second Healthy Japan 21 and Second Healthy Chiba 21 to control the lifestyle-related diseases.

Partnership program

Matsudo City provide visiting class to communities in order to deepen understanding and interest of the works of the municipal government. 80 Classes are provided for free of charge. Among them 15 classes are on health, medical, and welfare.



Matsudo City Happy Longevity Contest
 Based on principle "Develop our health by ourselves",
 city organizes the contest in October from 2003. Happy
 Longevity Contest Committee composed of citizens
 implement such events as Good Walker Course which
 walks 10 km along Edogawa River, Slow Course which
 walks 3km along historic sites. The event is popular with
 citizens and elders with more than 80 years old
 participates vigorously.

Matsudo City's web site:
<http://www.city.matsudo.chiba.jp>